



# European Gymnastic League (open) and Grand Prix Adama Jaroszewskiego i Janiny Horskiej 2026



## DIRECTIVES

<b>DISCIPLINE</b>	Men's Artistic Gymnastics Young, Juniors, Seniors
<b>PLACE</b>	<b>AKF Kraków</b> , al. Jana Pawła II 78, 31-571 Kraków, Poland
<b>ORGANIZERS AND COMMUNICATIONS</b>	<b>LEON BISKUP</b> – director of GEL Kraków Phone number: <b>+48 608 623 445</b> Email: <a href="mailto:gimbis@poczta.fm">gimbis@poczta.fm</a>  <b>MARCIN KAŹMIERCZAK</b> – manager of GEL Kraków Phone number: <b>+48 798 206 208</b> Email: <a href="mailto:markaz88@interia.pl">markaz88@interia.pl</a>  <b>ALON HASA</b> – president of GEL Phone number: <b>+420 771 143 505</b> Email: <a href="mailto:alon@skhradcany.cz">alon@skhradcany.cz</a>  Site: <a href="http://www.azsakf.pl">www.azsakf.pl</a> Email: <a href="mailto:azsakfgim@gmail.com">azsakfgim@gmail.com</a>
<b>DATES</b>	1 to 3 May 2026
<b>APPARATUS</b>	SPIETH
<b>AGE CATEGORY</b>	YOUNG: 2014-2013-2012 JUNIOR: 2011 – 2010 – 2009 - 2008 SENIOR: 2007 and older
<b>TECHNICAL REQUIREMENTS</b>	YOUNG: code FIG 2025-2028 / Vault 1.25m-1.35m JUNIOR/SENIOR: code FIG 2025-2028 License fig not required
<b>RULES</b>	Team composition: 5 / 5 / 3 <b>Team composition of the team is on the decision of each delegation.</b> Minimum 1 judge per team (obligatory), optimal 2 judges per team <b>Important information: maximum 50 gymnasts / category</b>

## COMPETITION FORMAT

**The concept of European Gymnastics League 2026 is open, it mean, that other teams from other continents are welcome too.**

Qualification:

- The team of each club is composed of max 5 gymnasts, all 3 categories of each team will compete together.
- Based on the number of teams, there will be 2 or 3 subdivisions
- Clubs who will not be able to register as a team (min 3 gymnasts to be a team) are also welcomed to participate with their gymnast/s for all-around individual competition and apparatus final.
- The gymnasts of the club who don't have a team will be in Mix Groups.
- Max 5 gymnasts may compete on apparatus per team, 3 best scores are counted for the team results.
- After the C1 (qualification) will be **awarded best 3 teams**
- On the end of qualification day will be **awarded the best 3 all – around gymnasts per category:**
  - a) Young category
  - b) Junior category
  - c) Senior category

**APPARATUS FINAL\*:**

- **6 best senior gymnasts from qualification per apparatus**
- **6 best gymnasts / 4 best Juniors / 2 best Youngs score**

## ENTRY FEES

50 € per gymnast (all amounts from entry fees will be used for the price money for the winners).

## ACCOMODATION

**Category I Hotel (4\*)**

- **Hotel Swing – [Hotel Swing Kraków](#)**

The costs per **person /night** in this Official Hotel are as follows:

54,- € (double room, including breakfast, entry to wellness and parking)

95,- € (single room, including breakfast, entry to wellness and parking)

Capacity: **max. 60 person's**

Reservation should be made until 31.03.2026 at very latest using the hotel's reservation system. The promo code to use when making a reservation is **GELKrakow2026**. The accommodation fees must be paid at 01.04.2026 at very latest. After this date LOC do not guarantee this prices and will not be able to provide accommodation. The cancellation policy you find in the reservation link.

- **Hotel Centrum Business - [Hotel Centrum Business](#)**

The costs per **person /night** in this Official Hotel are as follows:

47,- € (double room, including breakfast, entry to wellness and parking)

83,- € (single room, including breakfast, entry to wellness and parking)

Capacity: **max. 60 person's**

Reservation should be made until 31.03.2026 at very latest directly to the hotel's email address: [hotelswing@hotelswing.pl](mailto:hotelswing@hotelswing.pl). The password to use when making a reservation is **GEL Krakow 2026**. The accommodation fees must be paid at 01.04.2026 at very latest. After this date LOC do not guarantee these prices and will not be able to provide accommodation. The cancellation policy you find in the reservation link.

The Hotel rooms will be allocated on a "first come, first served" basis.

*Accommodation is not mandatory to book through organizers, there are plenty of hotels in Krakow, where you can book through booking hotels and rooms on level that you want and make the payment directly from your side.*

#### MEALS

12 € per person per meal (dinner on Friday, lunch on Saturday, dinner on Saturday, lunch on Sunday)

#### BANQUET

All delegations are invited for free beverages to the banquet on Saturday evening from 19.00pm.

#### LOCAL TRANSPORTATION

LOC provide will transport for you from the airport to the hotel and vice versa. The gym AKF Kraków is 3,0 km from the Hotel Centrum and can be done directly by tram (10 minutes, 5 stops). The Hotel Swing is also 3,0 km from the gym and can be done directly by bus (10 minutes, 5 stops). **LOC provide free public transport.**

#### REGISTRATION DEADLINES

Definitive and nominative registration: **31<sup>st</sup> March 2026**

#### GENERAL PROGRAM

1<sup>st</sup> of May: Arrival of delegation / podium training 1pm to 8pm

2<sup>nd</sup> of May: Qualifications for apparatus final and awarded the best teams and all-around gymnasts/ Young, Juniors, Seniors

3<sup>rd</sup> of May: Apparatus Finals / departure of the delegation

#### PROVISIONAL SCHEDULE

##### 2<sup>nd</sup> May

###### **Subdivision 1:**

warm up: 8:45 to 9:55

competition 10:00 to 11:45

###### **Subdivision 2:**

warm up: 11:50 to 12:50

competition 13:00 to 14:45

###### **Subdivision 3:**

warm up: 14:50 to 15:50

competition 16:00 to 17:45

#### **18:00 Award Ceremony best Team and all – around gymnasts per category:**

- Youngs
- Juniors
- Seniors

	<p><b><u>3<sup>rd</sup> May</u></b></p> <p><b>Apparatus Final:</b></p> <p>warm up: 10:00 to 10:55 competition 11:00 to 12:45</p> <p><b>13:00 Award Ceremony Apparatus Final</b></p>																
<b>MEDICAL SERVICES</b>	Medical services will be provided during the competition																
<b>SUMMARY OF COMMITMENTS</b>	<p><b>31/03/2026:</b> Definitive and nominative registration</p> <p><b>01/04/2026:</b> Payment for accommodation</p> <p><b>15/04/2026:</b> Travel schedule form</p> <p><b>15/04/2026:</b> Payment of the entry fee and meals</p>																
<b>PAYMENT DETAILS</b>	<p>Bank account beneficiary: KS AZS AKF Kraków Address: al. Jana Pawła II 80, 31-576 Kraków IBAN: PL80 1600 1198 1084 7123 4000 0007 SWIFT: PPABPLPK</p> <p>Please, don't forget to write name of your club when making the bank transfer, You will receive an invoice on request.</p>																
<b>AWARDS</b>	<p><b><u>YOUNG:</u></b> the first three all around will be awarded medals and gifts.</p> <p style="text-align: center;"><b><u>JUNIOR and SENIOR: PRICE MONEY</u></b></p> <table style="width: 100%; text-align: center;"> <tr> <td style="width: 50%;"><b>JUNIOR ALL AROUND</b></td> <td style="width: 50%;"><b>SENIOR ALL AROUND</b></td> </tr> <tr> <td><b>1<sup>st</sup></b> 200€</td> <td><b>1<sup>st</sup></b> 500€</td> </tr> <tr> <td><b>2<sup>nd</sup></b> 100€</td> <td><b>2<sup>nd</sup></b> 300€</td> </tr> <tr> <td><b>3<sup>rd</sup></b> 50€</td> <td><b>3<sup>rd</sup></b> 200€</td> </tr> </table> <table style="width: 100%; text-align: center;"> <tr> <td style="width: 50%;"><b>TEAM'S FINAL</b></td> <td style="width: 50%;"><b>APPARATUS FINAL SENIORS</b></td> </tr> <tr> <td><b>1<sup>st</sup></b> 500€</td> <td><b>1<sup>st</sup></b> 200€</td> </tr> <tr> <td><b>2<sup>nd</sup></b> 400€</td> <td><b>2<sup>nd</sup></b> 100€</td> </tr> <tr> <td><b>3<sup>rd</sup></b> 300€</td> <td><b>3<sup>rd</sup></b> 50€</td> </tr> </table> <p style="text-align: center;"><b>All the other gymnasts will receive a participation gift.</b></p> <p>The LOC reserves the right to change the amount of prize money based on income from entry fees.</p>	<b>JUNIOR ALL AROUND</b>	<b>SENIOR ALL AROUND</b>	<b>1<sup>st</sup></b> 200€	<b>1<sup>st</sup></b> 500€	<b>2<sup>nd</sup></b> 100€	<b>2<sup>nd</sup></b> 300€	<b>3<sup>rd</sup></b> 50€	<b>3<sup>rd</sup></b> 200€	<b>TEAM'S FINAL</b>	<b>APPARATUS FINAL SENIORS</b>	<b>1<sup>st</sup></b> 500€	<b>1<sup>st</sup></b> 200€	<b>2<sup>nd</sup></b> 400€	<b>2<sup>nd</sup></b> 100€	<b>3<sup>rd</sup></b> 300€	<b>3<sup>rd</sup></b> 50€
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Best Regards,

Leon Biskup &  
Marcin Kaźmierczak

KS AZS AKF Kraków, al. Jana Pawła II 80, 31-571 Kraków, Poland

mob: +48 608 623 445, +48 798 206 208 e-mail: [azsakfgim@gmail.com](mailto:azsakfgim@gmail.com)

[www.azsakf.pl](http://www.azsakf.pl)