



**International “Nadia Comaneci- Perfect 10” Junior Cup
WOMEN’S ARTISTIC GYMNASTICS - Junior
Onesti (ROU), 27-31.05.2026**

DIRECTIVES

Dear FIG affiliated Member Federation,

The Romanian Gymnastics Club, CSM Onesti, has the pleasure to invite your club and federation to participate in our 1st edition of international “Nadia Comaneci” Junior Cup in WAG. This is a friendly competition inserted in our project for 2026.

DISCIPLINE	Women’s Artistic
HOST FEDERATION	CSM ONESTI affiliated member of ROMANIAN GYMNASTICS FEDERATION Contact person: Ignat Alina, Tel +40 769 225 803. Ingrid Istrate , President, Str. Perchiului nr . 3 , loc. Onesti, Jud. Bacau Tel. +40.234.313.288 Mobil: +40 769 225 817 E-mail: csmonesti@yahoo.com Website: www.csmonesti.com
LOCATION	Onesti , Romania
DATE	27-31.05.2026
VENUE	Sala Polivalenta, Nadia Comaneci , Onesti
APPARATUS SUPPLIER	Spieth Gymnastics
FEDERATIONS INVITED	FIG Member Federations in good standing, with national OR CLUB representatives
AGE LIMITS	Gymnasts Juniors born 2011, 2012, 2013
JUDGES AND JURIES	Judges with international or national brevet Each delegation should send a judge for the best running of the competition
DIRECTIVES RULES AND REGULATIONS for Elite level	FIG junior rules Ranking awards for all around will be separately for each age and no limit number for each club or country
DIRECTIVES RULES AND REGULATIONS for friendly level	FIG rules without composition requirements (CR D=2.00) D score will be only total add at 8 elements value (7 +1 dismount) minimum 3 acro and 3 dance elements from COP
REGISTRATION DEADLINES	Initial registration 16.01.2026 e-mail: csmonesti@yahoo.com Nominative 05.03.2026
ENTRY FEES	15 euro/person

FEES TRANSPORT (Optional)	For delegation- Transport on request from the airport to the club (Onești) and return- 500 euro.		
EVENT FORMAT FIG Regulations	Team Elite and Friendly and Individuals The competition will have the following format: Team competition and individual with 1. Team ranking Elite 2. Team ranking Friendly 3. All-around ranking elite (13 years) younger and junior (14 /15 years) 4. Apparatus ranking		
COMPOSITION OF DELEGATION	The delegations will have the following composition:		
		Function	
		Gymnasts	5
		Coaches	2
		Medical	1
		Judges	1
		Head of delegation	1
		TOTAL	10
PROVISIONAL SCHEDULE	<u>Thursday, 28.05.2026</u> Welcome dinner- at Slanic Moldova • Arrival of delegations <u>Friday, 29.05.2026</u> • Trainings scheduled Orientation Meeting <u>Saturday, 30 .05. 2026</u> • WAG Junior competition • - Award Ceremony Teams, All-Around <u>Sunday, 31 .05. 2026</u> • Apparatus final • Award Ceremony Apparatus The final schedule will be sent after the initial registration.		
INTERNATIONAL TRANSPORTATION	The participating international federations must pay for the travel costs of their delegation members. The city of arrival/departure is Bucharest (Henri Coanda airport), Bacau (Aeroportul Internațional "George Enescu" Bacău), Brasov (Aeroportul Internațional Brasov-Ghimbav) or Iasi (Aeroportul International Iasi).		
ACCOMMODATION	HOTEL The costs per person are as follows: https://hoteltratus.ro/ https://marisano.ro/ https://hanul.cavalerului.ro/ https://lastrada-onesti.ro/ https://www.pensiunearomana.ro/ https://pensiuneaalexandraonesti.ro/ https://hotelmagura.ro/ https://havanatarguocna.ro/ https://portileocnei.ro/		

Ingrid Istrate ,
President of CSM Onesti , club of Romanian Federation

