



**THESSALONIKI**  
**HORIZON**  
**CUP**

INTERNATIONAL  
ARTISTIC GYMNASTICS  
TOURNAMENT

# **Invitation/Directives**

**Thessaloniki, Greece**

**10 – 12 November 2023**

Dear friends,

The Hellenic Gymnastics Federation in cooperation with the Athletic Gymnastics Clubs Union of Northern Hellas, has the pleasure to invite your Artistic Gymnastics Clubs to participate in the International Tournament “Horizon Cup”.

<b>Discipline</b>	Men’s Artistic Gymnastics (MAG) Women’s Artistic Gymnastics (WAG)				
<b>Host Federation</b>	HELLENIC GYMNASTICS FEDERATION 37 Kifissias Ave., OAKA, Former Athletes Guesthouse (Opposite Fire Station), 15123 Marousi Tel: +30 210 9882458 Fax: +30 210 9887329 Email: ego@otenet.gr Website: www.ego-gymnastics.gr				
<b>Local Organizing Committee</b>	HELLENIC GYMNASTICS FEDERATION in cooperation with ATHLETIC GYMNASTICS CLUBS UNION OF NORTHERN HELLAS Mikra National Sports Center, Hall “Ioannis Melissanidis” 55132 Nea Krini				
<b>Competition Manager</b>	Avraam SAPRANIDIS Email: efiavraamgym@hotmail.com Tel: +30 6972284992				
<b>Location</b>	Nea Krini, Thessaloniki, Greece				
<b>Dates</b>	10 – 12 November 2023				
<b>Venue</b>	Mikra ‘s National Sports Center, Hall “Ioannis Melissanidis” Seats:1.000				
<b>Competition Apparatus</b>	American Athletic Inc. on floor – Spieth - Gymnova(on podium)				
<b>Team Composition</b>	Juniors (MAG)	Pre Juniors (MAG)	Juniors (WAG)	Pre Juniors (WAG)	Total
Team Leader	1	1	1	1	2
Team Manager	1	1	1	1	2
Coach	2	2	2	2	8
Athletes	4	5	4	5	18
Judge	1	1	1	1	2
Doctor/Physio	1	1	1	1	2
					34

## Age Limits

### MAG

Juniors (Born in 2007-2008)

Pre-Juniors (Born in 2009-2010-2011)

### WAG

Juniors (Born in 2009)

Pre-Juniors (Born in 2010-2011-2012)

## Rules & Regulations

The event will be organized under the FIG Code of Points 2022-2024

## Technical Requirements - MAG

Juniors: - FIG Code of Points

Pre-Juniors: The 8 most difficult elements including dismount are calculated for Difficulty Value (DV) as per FIG

All apparatus except for VT:

Too short program:

7-8 = - 0.0 points ( 10.00 )

5-6 = - 2.0 points ( 8.00 )

3-4 = - 4.0 points ( 6.00 )

1-2 = - 6.0 points ( 4.00 )

2 freely chosen Exercise Groups + dismount. Each = 0.50 points

Dismount: A = 0.30, B = 0.50

Connections on floor :

B or higher + B or C = +0.1,

C or higher + C or higher = +0.2

- No connection for Counter Saltos.

- Limit of 2 connections total in an exercise.

VAULT: Gymnasts will perform only one vault

## Τεχνικές Απαιτήσεις - WAG

Juniors: - FIG Code of Points

Pre-Juniors: The 8 most difficult elements including dismount are calculated for Difficulty Value (DV) as per FIG

All apparatus except for VT:

Too short program:

7-8 = - 0.0 points ( 10.00 )

5-6 = - 2.0 points ( 8.00 )

3-4 = - 4.0 points ( 6.00 )

1-2 = - 6.0 points ( 4.00 )

Compositional Requirements : 3 freely chosen Compositional Requirements + Dismount. Each Compositional Requirement = 0.50 points.

Dismount: A=0.0, B=0.30, C=0.50

VAULT: Gymnasts will perform only one vault

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## Competition Format

### Juniors

Each team can consist of four (4) gymnasts

Three (3) highest scores will count for team score.

### Pre-Juniors

Each team can consist of five (5) gymnasts

Three (3) highest scores will count for team score.

### Note

All gymnasts must register the apparatus in the respective form

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## Awards

### Team

Cup & Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place

### All Around Individual (Separately for each age)

Cup & Medals for 1st, 2nd and 3rd place and diplomas for places 4th-8th

### Apparatus (Separately for each age)

Medals for 1st, 2nd and 3rd place and diplomas for places 4th-8<sup>th</sup>

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## Drawing of Lots

One week before the competition starts

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## Judges

All participating judges must have a valid National or International Brevet for the Olympic Cycle 2022-2024.

Each Club shall register at minimum 1 judge for men and/or 1 judge for women. Clubs without a registered judge are subject to a penalty of 200.00 euros upon arrival (400.00 euros if the Club is competing with men and women).

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## Provisional Schedule

November 09<sup>th</sup>: Arrival of delegations, Training

November 10<sup>th</sup>: Arrival of delegations, Official Training,  
Orientation Meeting

November 11<sup>th</sup>: Competition (MAG: FX, PH, RI)  
(WAG: VT, UB)

November 12<sup>th</sup>: Competition (MAG: VT, PB, HB)  
(WAG: BB, FX)

Optional sightseeing tour

November 13<sup>th</sup>: Departure of delegations

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## Invited Clubs

Gymnastic Clubs which are recognized members of the respective National Federations from all over the globe are invited.

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## Entry Fee

The non-reimbursable entry Fee is 50.00 € per Gymnast

## Costs

The following prices\* are per person, per day and include:

1. Accommodation in hotels close to the Competition Hall (full board, breakfast and dinner)
2. Transportation from Thessaloniki's airport "Macedonia" to the hotels (round trip).
3. Transportation from Thessaloniki's Rail Station to the hotels (round trip)

*(\*) the price includes all taxes*

Hotels:

### ATHLOS HOTEL THESSALONIKI

Triple Room: 70.00 €

Double Room: 90.00 €

Single Room: 110.00 €

### FOUR SEASONS HOTEL THESSALONIKI

Triple Room: 70.00 €

Double Room: 90.00 €

Single Room: 110.00 €

### ATHENA AIRPORT HOTEL

Triple Room: 70.00 €

Double Room: 90.00 €

Single Room: 110.00 €

The Accommodation Form must be returned to the Local Organizing Committee by October 09<sup>th</sup> 2023. Hotel room will be allocated on a "first come, first serve" basis.

The participating clubs must pay for the accommodation expenses of their delegation members..

The costs for accommodation must be paid to the Local Organizing Committee as follows:

50% until October 09<sup>th</sup> 2023 and the rest 50% until November 06<sup>th</sup> 2023.

Please notify the Local Organizing Committee for your hotel choice through the online form.

### Cancelation/Reimbursement Policy

50% of accommodation costs are refundable in case of cancelation at least 1 month prior to arrival. For cancelations after October 09<sup>th</sup>, there will be no reimbursement.

### **Internation Transportation**

The invited participating Clubs must pay for the International Travel Costs of their delegation members.

The Travel Schedule Form must be returned to the LOC by October 23<sup>th</sup> at 23:59.

### **Visa**

Please verify immediately with your travel agent or the Greek Embassy or Consulate in your country if a visa is required for your travel to Greece. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before October 09<sup>th</sup>, 2023 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, arrival and departure dates of the Delegation Members as well as the city the visa application support letter must be sent to.

### **Insurance**

The Host Federation and the LOC will not be held responsible for any liabilities in case of accidents, illness and repatriation. All participating Clubs are obligated for making their own arrangements to have the necessary valid insurance coverage for illness, accidents and for repatriation.

### **Accreditation**

Delegation accreditation will take place upon arrival.

For accreditation, team leaders are required to provide the following:

- Passports of all members of the delegation
- Proof of medical insurance of all members of the delegation
- CD with music for Women FX (2 copies)

Additionally, please have a usb stick with FX music in mp3 form.

### **Covid protocol**

You will be provided with information regarding the country's Covid protocols at the time of the event.

### **Financial Obligations and Bank Account**

Payment of 100% of Entry Fee: October 20<sup>rd</sup> 2023 (non refundable)

Payment of Accomodation Costs: 50% by October 09<sup>th</sup> 2023  
50% by November 06<sup>th</sup> 2023

Each participating club is kindly requested to integrate the payments purpose as follows:

HELLENIC GYMNASTICS FEDERATION  
Bank: National Bank of Greece (NBG)  
IBAN: GR71 0110 0800 0000 0804 8077 666  
BIC: ETHNGRAA

The participating Club is responsible for covering all bank fees in connection with the bank transfer.

## Registrations

Registrations will be made online via the official website of the event ([www.horizon-cup.gr](http://www.horizon-cup.gr))

## Registration & Payment Deadlines

Provisional Registration Form	August 21 <sup>st</sup> 2023
Registration Form (final)	September 09 <sup>th</sup> 2023
Nominative Registration Form	October 09 <sup>th</sup> 2023
Accommodation Form	October 09 <sup>th</sup> 2023
Payment of Accommodation Costs (50%)	October 09 <sup>th</sup> 2023
Visa Request Form	October 09 <sup>th</sup> 2023
Payment of Entry Fee	October 20 <sup>rd</sup> 2023
Travel Schedule Form	October 23 <sup>th</sup> 2023
Payment of the rest of the Accommodation Cost (50%)	November 06 <sup>th</sup> 2023

Yours sincerely,

Hellenic Gymnastics Federation



Athanasios Stathopoulos  
President



Konstantinos Pantazis  
Secretary General