

Nordisk junior 2023 Uttak kriterier

1. Qualification is **mathematical** based on the best possible Team score.
 - Not by points or percentages
 - A mathematical table after each competition
 - A mathematical table after all competitions are over, with best scores throughout will be made.
 - All of these tables will be compared and evaluated based on **Stability, D scores and Final scores.**

2. **Stability** has a high priority
 - Ideally all gymnasts participate in all qualification competitions.
 - With only one out of 3 competitions the priority will be lowest.
 - More competitions = more chances but also stability proof.

3. There will be minimum **3 gymnasts All Around.**
 - Depending on the total team score simulation there will be between 2-5 All around gymnasts.

4. Qualification competitions will be:
 - a. FIG 2
 - b. Gjennomkjøring on the Junior samling 05.-07.mai. Gymnasts that are ranked amongst the best possible teams will be invited, not only landslag. 7 gymnasts will be taken out here.
 - c. Gjennomkjøring on the Senior and Junior Samling 12. - 14.mai. for the 7 girls taken out. The girl(s) participating in junior VM are automatically qualified for this gjennomkjøring.

5. **CR's.**
 - Gymnasts competing on Floor and Beam must have all CR's fulfilled.
 - In uneven bars it is very desirable at least 3 CR's (360 element, Hb to Lb element, Fw grip element)