

Dear President, dear Rhythmic Gymnastics Coaches, dear friends!

I am Marta Bobo, PHD in Sports, Professor at University of A Coruña, former Olympic Rhythmic Gymnast, International Judge, FIG Level III Coach and FIG Academy Expert.

My research group at University of A Coruña and University of Vigo, in collaboration with former Director of the FIG Education & Academy Programs, Mr Fink, is developing a project to make a worldwide diagnosis and analysis of the impact of the Covid-19 Pandemic lockdown on the training of rhythmic gymnasts at different levels of performance and scenarios around the world.

To do that, we have developed a simple questionnaire for coaches to provide us with relevant data related to the type of training they carried out during this exceptional situation.

The questionnaire is in three languages, English, Spanish and Russian and it can be filled in through the links to Google Forms that are attached:

English: https://docs.google.com/forms/d/1oOhN_mNkG-jHddTlaVuDCh-b0334CGj0eWIVmxytF80/edit?usp=sharing

Spanish: https://docs.google.com/forms/d/1Qe2-kp4uc2-2ug8WO3LB0shaKVtqcDoXA7BsX5sR_OE/edit?usp=sharing

Russian: <https://docs.google.com/forms/d/1JJO8GzrJwHn76jVdl82npOk5DDteViEMvLrJM-F4oJU/edit?usp=sharing>

We kindly ask for your collaboration in our research, and hope you will contact as many Rhythmic Gymnastics Coaches as possible within your organization and asking them to fill in their responses.

All the information gathered will be anonymous and treated exclusively for the purposes of the research project.

We are hoping you can help us to increase the knowledge of our beloved sport under such a complex and exceptional situation.

Kind regards.

Dra. Marta Bobo Arce

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