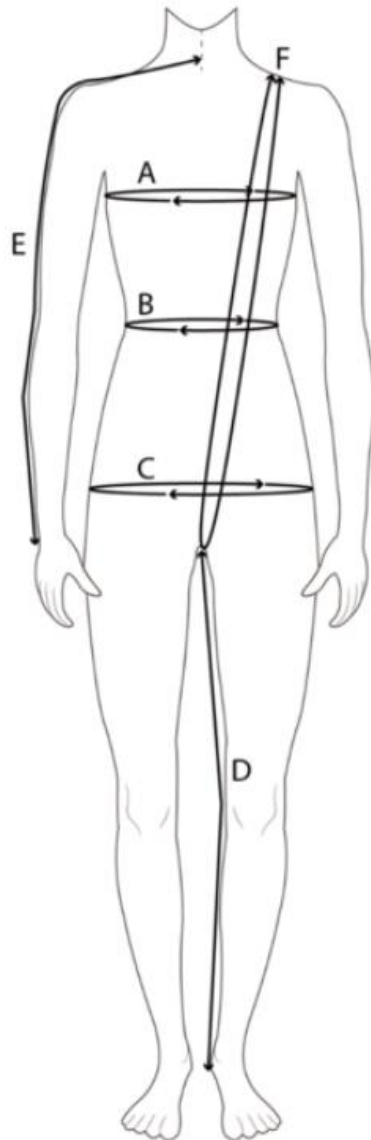


How to measure yourself:



Measurements should be taken directly on your body. The measuring tape should sit neatly against your body but not so tight that it causes an indent or digs in.

A. Bust: Bring the measuring tape underneath your armpits and measure around the fullest part of your bust. Make sure the tape is flat across the back.

B. Waist: Measure around the narrowest point on the waistline.

C. Hip: Bring the measuring tape around your hips and measure around the fullest part of your bottom. (About 20 cm. lower than the waist).

D. Inside Leg: Measure the length of your leg from your crotch to the ground.

E. Sleeve Length: Hold the tape at the center of your neck. Measure across your shoulder to your elbow and down to your wrist.

F. Torso: Measure a full circle from your shoulder, over the fullest part of your bust, down through the center of your crotch and back up to the starting point.

Women:

All measurements are in cm

Size:	A: Bust	B: Waist	C: Hip	D: Inside Leg	E: Sleeve Length	F: Torso
XXS	75-79	59-63	82-86	74-79	73-77	133-149
XS	78-83	62-67	85-91	75-80	74-78	136-152
S	82-90	66-75	90-99	76-81	75-79	139-156
M	89-98	74-83	98-106	77-82	76-80	143-159
L	97-107	82-92	105-115	78-83	77-81	146-163
XL	106-119	91-103	114-125	79-84	78-82	149-166
XXL	118-128	102-112	124-132	80-85	79-83	152-170

Men:

All measurements are in cm

Size:	A: Bust	B: Waist	C: Hip	D: Inside Leg	E: Sleeve Length	F: Torso
XXS	79-83	67-71	82-86	75-79	75-79	156-170
XS	82-88	70-75	85-91	76-80	77-81	161-175
S	87-95	74-83	90-98	77-81	79-83	165-180
M	94-103	82-90	97-106	78-82	81-85	169-185
L	102-110	89-99	105-114	79-83	83-87	174-190
XL	109-118	98-106	113-123	81-85	85-89	178-194
XXL	117-125	105-123	122-128	83-87	87-91	183-199

Kids:

All measurements are in cm

Size:	Age/height	A: Bust	B: Waist	C: Hip	D: Inside Leg	E: Sleeve Length	F: Torso
2 år /92 cm		54-56	51-53	54-58	35-42	42-46	86-94
4 år /104 cm		56-58	53-55	58-62	42-47	46-53	94-102
6 år /116 cm		58-61	55-57	62-66	49-54	53-57	101-109
8 år /128 cm		61-65	57-59	66-71	56-61	57-63	108-116
10 år /140 cm		65-71	59-62	71-76	63-68	63-69	114-122
12 år /152 cm		71-78	62-66	76-83	69-74	69-73	121-129
14 år /164 cm		78-84	66-69	83-89	74-78	73-80	128-135
16 år /170 cm		84-88	69-72	89-93	78-82	80-83	134-142