

FIRST INFORMATION NORDIC CHAMPIONSHIPS RYTHMICK GYMNASTICS March 5-6th 2022

Swedish Gymnastics Federation welcomes all Nordic Federations to Nordic Championships 2022!

Location:

Place of the venue is Uppsala 7 miles from Stockholm. Nearest airport is Arlanda Airport, and from there take the train or bus straight to Uppsala.



Venue:

Fyrishov Arena, located in the central parts of the city.

Address: Idrottsgatan 3, 753 33 Uppsala

<https://fyrishov.se/om-oss/english/>



CATEGORIES AND APPARATUS

Senior

Born 2006 and older

Apparatus: Hoop, Ball, Clubs and Ribbon

Junior

Born 2007, 2008, 2009

Apparatus: Hoop, Ball, Clubs and Ribbon

Senior Group

Born 2006 and older (see technical regulations for special rules regarding age of members in senior group)

Apparatus: 5 hoops, 3 ribbon and 3 balls

Junior Group

Born 2007, 2008, 2009 (see technical regulations for special rules regarding age of members in junior group)

Apparatus: 5 balls

Duos/Trios Senior

Born 2006 and older (see technical rules regarding age of members in Duos/Trios)

Apparatus: Optional

Duos/Trios Junior

Born 2007, 2008, 2009

Apparatus: Optional

If any question or enquiries check Technical Regulations for Nordic Championships or contact: rg@gymnastik.se

Next information will be sent accordingly December 1st 2021.

Welcome to Uppsala and Sweden!



Swedish Gymnastics Federation 



CRAFT 



VERA
Sport

svedea

LEG
by
UNISPORT 



 **folkspel**

Scandic

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Swedish Gymnastics Federation



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